



## WELCOME TO FAMILY CAMP 2014!

**Family Camp is right around the corner, and we're really glad you'll be joining us! We have many wonderful activities planned for all ages. Here's some information to help you make your vacation a memorable one.**

**WHEN:** Arrive after 2 p.m. on Sunday (Week One – July 13; Week Two – July 20). Staff volunteers will be in the dining hall from 2:00-5:00 p.m. to greet you, give you cabin assignments, collect fees still owed, and answer your questions. Be prepared to sign up for light chores during the week, and to sign up to help with the final clean-up on Saturday. Dinner will be served Sunday evening at 6:30 p.m., followed by a welcome circle.

**WHERE:** The maps and directions available at <http://www.mendocinowoodlands.org/map.html> and <http://www.mendocinowoodlands.org/mapInteractive.html> will help you find your way to camp. **We recommend that you print these out and bring them along.** Family Camp is at Camp Two of the Mendocino Woodlands. The last 3 miles (from the Caretaker's cabin to Camp Two) are dirt roads with a maximum speed limit of 10 miles per hour. For everyone's safety, please observe the speed laws.

**THE FACILITIES:** The cabins are redwood buildings with screened windows running around the top portion of the walls (no glass or curtains), with closets, but no electricity or water. The beds are cots with camp mattresses. Bring your own bedding; warm sleeping bags are recommended, as it gets cold at night. Kids who want to share a place to sleep with friends old and new should bring a tent – there are no extra cabins.

Each cabin group has its own bathrooms, with flush toilets and **cold** water sinks, but **no** electricity. There is one central shower house for the whole camp, with 4 private showers and one large group shower. By tradition, the large group shower is coed. Please use a private shower if you want privacy. The shower building **does** have electricity, hot and cold water, and a few electrical outlets. There are **no** laundry facilities (nearest facility is Fort Bragg, 45 minutes away). Each person will need a flashlight (labeled with your name) to get around at night. Bring extra batteries, too. A battery-powered lantern for the cabin is nice (it's dark in the woods).

**MESSAGES IN AND OUT:** A pay phone is available for use in Camp 2. The number is (707) 937-9958. Please ask family and friends to use this number for urgent matters only, as no one is assigned to answer the phone and find campers. *Please bring a phone credit card. Most cell phones do not work at camp.*

**MEALS:** Our kitchen staff will serve three delicious, nutritious meals per day, plus snacks. You will be called to lunch and dinner with a few short rings of the bell. Our first meal will be dinner at 6:30 p.m. on Sunday, and our last meal will be pastries and fruit on Saturday. The week's menu will be posted in the kitchen. If you need to know what is in a dish, please ask! There will be enough vegetarian food for the campers who requested it. Breakfast foods, hot and cold, will be available for campers to prepare for themselves and their families from 7:00 to 9:00 a.m. A short wakeup bell will ring at 8:00 a.m. Because of limited space and safety concerns, only **ADULTS** may cook at the grill. We will also have cereals, peanut butter and jelly, bread and fruit available at all times for snackers.

**OUR COMMUNITY:** Our extended family includes people of all ages and backgrounds. Each year our community grows and changes—founded on an atmosphere of mutual respect and support. Enjoy one another and have a great time by getting to know your neighbors at your cabin groups, sitting with “strangers” at meal times, and finding out more about UUs from our district and from far afield. Strengthen our community by setting positive examples for our young people and reinforcing UU values. We provide children’s programming from 10 a.m. – 12 p.m. and 2 – 4 p.m. on Monday, Tuesday, Thursday, and Friday. During other times, please be sure you know where your children are, or ask someone else to be responsible for them. Please note: Parents are ultimately responsible for their children at all times.

**ACTIVITIES:** We have planned four days of exciting workshops and activities. Schedules and sign-up sheets are in the dining hall. Want to share a special talent? Tell a Dean and organize your own workshop. Want to lead a morning worship service? Volunteer (and tell a Dean!) Campers often bring musical instruments. Some bring a copy of “Rise up Singing,” to share at our camp fire sing-a-longs. There are many hiking trails in the Woodlands and some people bring mountain bikes. All bike riders must read and sign the enclosed “Family Camp Biker Rider’s Agreement” and bring it to camp. Riders of every age are also *required* to wear helmets. There is swimming at river beaches a short drive from camp. The general public also uses these beaches. By tradition, Boyles Beach is “clothed”, while Lillies Beach and others are “clothing-optional.” There will be a few fund-raising activities for the Woodlands (for new mattresses and tent-cabins!). This year, some art supplies will need to be purchased. Come prepared to pay for these if you are interested.

Wednesday is our “out of camp” day. No daytime activities or workshops are planned. Campers typically visit Mendocino, Fort Bragg, play in the ocean or just relax at camp. Breakfast, a bag lunch, and a late dinner will be provided.

Some late evenings, there will be a sweat lodge available. This is a quiet ritual with chanting. The activity is clothing-optional (groups to be decided by participants). Teens (age 13-17) are allowed to participate in this activity with written parental approval, and will be required to be accompanied by a parent or “substitute parent” during his/her first sweat. Those teens at camp with a “substitute parent” must bring to camp a copy of the “Sweat Lodge Liability Release and Permission Form” signed by their legal parents or guardians. All participants must attend a mandatory orientation and sign a liability waiver.

Thursday night is a costume party and dance night. Bring costumes to wear and share. Friday night is Talent Show night. If you would like to perform a SHORT act, please bring instruments, music, props, costumes, etc. You might find the perfect talent show partner at camp, or do a solo act.

**TEENS:** A teen advisor is available to help teens plan their week. Teens must follow all camp rules and participate in chores. In addition to general camp rules, minors at camp must also follow basic YRUU rules: no drugs, no sex, no violence. Youth under age 18 must have an adult age 25 or over responsible for them. Please fill out and bring permission forms to camp, if you will be coming with a “substitute parent.” **All substitute parent arrangements must be pre-approved by the Deans before arrival at camp.** Failure to gain pre-approval will result in camper not being able to attend Family Camp. Substitute parents may only sponsor 2 minors in addition to their own children.

**CHILDREN’S PROGRAMS:** We provide plenty of activities for children: games, crafts, sports, hikes, etc. Check in Dining Hall for the schedule, or check with staff who will be introduced to you at the orientation meeting on Monday. Please pick up your children promptly from their activities.

**STAFF:** Family Camp staff members are *all volunteers*, receiving only part or all of their room and board while working at the camp. This arrangement allows Family Camp fees to remain low. Please remember, staff members are here to help, but they are campers too! That is why we ask your cooperation in helping with chores and with our Saturday morning clean up. We will be scheduling some “Saturday” clean-up for Friday night, so watch for announcements at camp.

## **IMPORTANT CAMP RULES:**

### ***Bring Good Karma to Camp!***

**Do not do anything that will jeopardize our community.**

**NO firearms.**

**NO illegal substances.**

**NO acts of violence on anyone.**

**NO alcohol consumption by persons under 21 years. (\*For the safety of our youth, adults please keep your personal alcoholic beverages locked in your car before you go to bed.)**

**NO sexual harassment or inappropriate sexual behavior\***

**NO animals or pets, except service animals (with special permission)**

**NO electronics outside Hill House**

**NO candles, lanterns, heaters, etc. with a flame. Batteries are OK.**

**NO driving over 10 mph.**

**NO parking in the cabin areas. Park in designated areas only.**

**Smoking is ONLY permitted behind the kitchen and at the fire circle.**

**Keep fire roads clear at all times.**

**All campers must be registered.**

**All campers must help clean the camp on Saturday**

\*A Safe Camp Policy governs all camp activities. All Campers are required to abide by this policy, copies of which will be distributed and posted at camp. If you would like an advance copy, please contact the Camp Registrar.

**CONSEQUENCES OF BREAKING CAMP RULES: Northern California UU Camps & Conferences leadership reserves the right to dismiss or remove any camper for misbehavior at any time. A violation of the camp rules, particularly a violation which jeopardizes health and safety, may result in dismissal from camp at the discretion of the Camp Deans. NO REFUNDS WILL BE MADE.**

**Northern California UU Camps & Conferences leadership reserves the right to dismiss or remove any camper for misbehavior at any time. Violations of the camp rules forbidding firearms, use of illegal substances, under-age alcohol consumption, sexual harassment, inappropriate sexual behavior and acts of violence by adults SHALL RESULT IN IMMEDIATE DISMISSAL. No refund will be made.**

**EMERGENCY:** A continuous sounding of the camp bell indicates an emergency. If this happens, please collect all children in your vicinity and come directly to the area in front of the dining hall.

**FIRST AID** kit is located in the dining hall.

**CAMPER LIABILITY RELEASE FORM:** All campers age 18 or over, and the parents or legal guardians(s) (whoever has legal custody) of those campers under 18, are each required to sign a copy of the attached Camper Liability Release Form (one signed copy per camper) and bring it to camp. While Family Camp offers a relaxed and supportive environment to its campers, the activities undertaken, like most everything in life, come with some risk to life and property. By signing this form, campers and their heirs are agreeing not to hold Northern California UU Camps & Conferences (NCUUCC), or its leaders, volunteers and employees, among others, in any way responsible for accidents or injuries that may take place at Family Camp or during camp-sponsored activities. The Camper Liability Release Form is a legally binding document. Read it carefully before you sign. NO REFUNDS will be provided for failure to sign it. NCUUCC regrets the need for this requirement.



## WHAT TO BRING:

- ❑ Directions to camp — don't forget!
- ❑ Pillows, sleeping bags or bedding
- ❑ Flashlights, one for each camper, *labeled*
- ❑ Extra batteries
- ❑ Towels, washcloths, personal toiletries
- ❑ Hand towels for restrooms
- ❑ Clothing: enough to last a week, suitable for any weather. Extra for your kids, *they will get dirty!*  
Hand-washed items take a long time to dry, as the woods can be damp. Clotheslines may be helpful.
- ❑ Jackets and long pants — mosquitoes and cool evenings make these a must!
- ❑ Mosquito repellent, sun screen, anti-itch lotion
- ❑ Costumes or materials to make one
- ❑ Toys to share for the wee ones program (0-5 yrs.), pillows & blankets to help create a cozy space
- ❑ Clothes hangers (the cabins have clothes poles)
- ❑ Enclosed medical release form for minors (for emergency only)
- ❑ Biker's agreement & helmet if you bring your bike
- ❑ Substitute parent agreement form for minors coming without their parent/guardian.  
**All substitute parent arrangements must be pre-approved by the Dean.**
- ❑ Sweat lodge release form
- ❑ General liability waiver
- ❑ A check for any balance you owe.

## OPTIONAL BUT NICE:

- ❑ Battery powered lantern — cabins are quite dark, even during the day
- ❑ Camera and extra film (*Labeled*)
- ❑ Cabin furnishing - curtains, throw rugs, etc. can make your cabin a homey place
- ❑ Swimsuits, beach towels, beach shoes (the beach path is rocky)
- ❑ Picnic chairs or loungers
- ❑ Hiking shoes, water bottles, day packs
- ❑ Musical instruments & music
- ❑ "Rise up Singing" songbook (*Labeled*)
- ❑ Materials for leading a Worship service (if you volunteer to lead one)
- ❑ Drums for the drumming workshops
- ❑ Music cassettes and CDs (*Labeled*)
- ❑ Books, toys, puzzles, games, Frisbees, balls (*Labeled*)
- ❑ Highchairs, cribs, playpens, etc. for our smallest campers
- ❑ White cotton clothing, etc. for tie dying (some items will be on sale at camp)
- ❑ Scissors for children and adult crafts (*Labeled*)
- ❑ Gourd decorating tools such as wood burner and carving tools for the Gourd Workshop
- ❑ Bicycles & Helmets (required) - please park bikes only in the designated area
- ❑ Enough extra snacks, soda, etc. to last you a week!
- ❑ Money for Woodlands Fund Raisers, art supplies, optional kayak or canoe trips

## ADDITIONAL ARTS & CRAFTS INFORMATION:

In an effort to contain costs, we suggest campers bring certain craft supplies or we make certain craft items available at additional charge (e.g., T-shirts for tie dye). The following may be used in projects this year:

- ❑ White cotton clothing and items for tie dying
- ❑ Old Tee shirts for use in a recycled clothing workshop
- ❑ Leather purses, shoes or other leather items for use in leather painting workshop
- ❑ Wood burning tools (clearly labeled with your name)
- ❑ Fimo or Sculpy clay (or cash to pay for it)

Visit our web site: <http://www.ncuucc.org/>

Visit the Mendocino Woodlands site: [www.mendocinowoodlands.org](http://www.mendocinowoodlands.org)

Questions? Call Melissa Martin, (510) 213-2573, or Ira Nelken, (510) 813-4080.

# CAMPER LIABILITY RELEASE

NOTE: THIS IS A LEGALLY BINDING DOCUMENT WHEREBY YOU ARE AGREEING TO WAIVE CERTAIN LEGAL RIGHTS. YOU ARE ADVISED TO READ IT CAREFULLY BEFORE SIGNING. EACH CAMPER MUST SUBMIT A FULLY SIGNED WAIVER FORM TO THE CAMP REGISTRAR BEFORE ATTENDING FAMILY CAMP AND/OR BEING ALLOWED TO PARTICIPATE IN ANY FAMILY CAMP ACTIVITIES. IF YOU ARE LESS THAN EIGHTEEN (18) YEARS OF AGE, BOTH OF YOUR PARENTS (SINGLE PARENT IN THE CASE OF SOLE CUSTODY) OR ANY LEGAL GUARDIANS MUST SIGN THIS FORM ON YOUR BEHALF. NO REFUNDS WILL BE PROVIDED WHERE CANCELLATION RESULTS FROM FAILURE TO SIGN THIS RELEASE FORM.

As consideration for my or my minor child's being allowed to participate in Family Camp activities and receiving all the services and amenities related thereto, I hereby confirm my understanding of and express my agreement to the following:

(1) I acknowledge that while at Family Camp my family members and/or I will be living in an outdoor rustic camping facility with the inherent risks and dangers associated with participating in camp activities, such as, but not limited to, hiking, creek walking, climbing, swimming, wading, diving, canoeing, bicycling, recreational sports, and campfire activities. Such inherent risks and dangers may include, but are not limited to, serious personal injury or death, and property damage ("Injuries and Damages").

(2) To the fullest extent allowed by law, I AGREE TO WAIVE, DISCHARGE CLAIMS AND RELEASE FROM LIABILITY Northern California UU Camps & Conferences Inc. and its officers, directors, employees, volunteers, independent contractors, agents, leaders, and other representatives (hereinafter referred to joint and severally as "NCUUCC"), from any and all on account of, or in any way resulting from Injuries and Damages, even those Injuries and Damages caused by the negligence (active or passive) of NCUUCC, in any way connected with this Family Camp. I FURTHER AGREE TO INDEMNIFY AND HOLD HARMLESS NCUUCC from any claims, damages, injuries or losses caused by my own negligence while I participate in Family Camp. I understand and intend that this release of liability and assumption of risk is binding upon my heirs, executors, administrators and assigns, and includes any minors accompanying me at Family Camp.

(3) For the safety and comfort of everyone, I have read, understand and agree to abide by the Camp Rules, including, but not limited to:

- NO fire arms or acts of violence.
- NO alcohol consumption by persons under the age of 21.
- Campers under 18 must be accompanied by an adult.
- NO illegal substances.
- NO sexual harassment or inappropriate sexual behavior.
- NO animals or pets, except service animals (with permission).

The full list of Camp Rules and consequences for violation thereof are set forth under the headings "Important Camp Rules" and "Consequences of Breaking Camp Rules" in the letter to campers entitled "Welcome to Family Camp 2014" a copy of which is [attached hereto and] incorporated herein by reference as if fully set forth herein. A violation of the camp rules, particularly a violation which jeopardizes health and safety, may result in dismissal from camp at the discretion of the Camp Deans. NO REFUNDS WILL BE MADE. NCUUCC reserves the right to dismiss or remove any Camper for misbehavior at any time. I acknowledge and agree that if my child and/or I is dismissed or otherwise removed from Family Camp, I am responsible for arranging transportation.

(4) I agree that NCUUCC may use any photos, videos, or sound recordings taken of me or my minor child for publicity purposes.

(5) This Agreement hereby incorporates by reference in their entirety as if fully set forth within the Camper's Registration Form and the following forms where applicable (please check where applicable to Camper):

- \_\_\_\_\_ (a) if a minor attending Family Camp without a parent or guardian: Medical Release and Substitute Parent Agreement
- \_\_\_\_\_ (b) if a minor Camper authorized by parent to participate in the sweat lodge: Sweat Lodge Permission Form
- \_\_\_\_\_ (c) if a Camper authorized to participate in the sweat lodge: Sweat Lodge Liability Release Form
- \_\_\_\_\_ (d) if a Camper authorized to ride bicycle within Family Camp boundaries: Family Camp Bike Rider's Agreement

Where the terms and conditions of the incorporated documents conflict with those of this Agreement, the terms and conditions of this Agreement shall control and supercede any such provisions.

(6) This Agreement represents the full and complete agreement between the parties with respect to the matters set forth herein, and it can only be modified by a written agreement signed by the parties hereto. This Agreement is intended to be as broad and inclusive as is permitted by law. If any provision or portion thereof is held to be invalid or legally unenforceable for any reason, the remaining portions of this Agreement shall not be affected thereby and shall remain valid and fully enforceable. Interpretation of the terms and conditions shall be made under California law, without respect to its conflict of laws provisions. No assignment of this contract shall be made by Camper or his/her parent(s) or legal guardian(s), unless agreed to in writing by NCUUCC.

I certify that I have read this Agreement and I understand and agree to all of the foregoing information, terms and conditions:

Date: \_\_\_\_\_ Camper Name: \_\_\_\_\_ Signature: \_\_\_\_\_

IF CAMPER IS LESS THAN 18

Signature(s) of Parent(s)/Guardian(s): \_\_\_\_\_

## SUBSTITUTE PARENT AGREEMENT

When a person under the age of 18 ("Minor") wishes to attend Family Camp without his/her parent(s) or guardian ("Parent(s)"), he/she must find another adult (age 25+) who will attend Family Camp to act as his/her sponsor ("Sponsor").

**PRIOR TO FAMILY CAMP, MINOR, PARENT(S), AND SPONSOR SHALL CONTACT THE FAMILY CAMP DEANS TO SECURE THEIR APPROVAL FOR THE SUBSTITUTE PARENT ARRANGEMENTS DESCRIBED IN THIS AGREEMENT.**

**MINOR, PARENT(S), AND SPONSOR SHALL REVIEW, DISCUSS, AND INDICATE THEIR AGREEMENT TO THE FOLLOWING TERMS AND CONDITIONS BY SIGNING BELOW.**

1. Parent(s) and Sponsor have consulted with the Family Camp Deans and have obtained their approval for the arrangement described in this Agreement.
2. Parent(s) has/have reviewed and signed the mandatory Camper Liability Release Form and Medical Release. Parent(s) has/have reviewed and signed the Bike Rider's Agreement, Sweat Lodge Liability Release and Permission Form where Parent(s) intend(s) to give his/her consent for Minor's participation in these activities.
3. Sponsor will be responsible for Minor at all times. Parent(s), Child, and Sponsor will establish family behavior rules (sleeping arrangements, check-in times, etc.) for camp and Minor will follow these rules.
4. Parent(s), Sponsor and Minor have reviewed and discussed the full list of Camp Rules as set forth under the headings "Important Camp Rules" in the letter to campers entitled "Welcome to Family Camp 2013" a copy of which is incorporated herein by reference as if fully set forth herein, and also have reviewed, and discussed the following Family Camp rules for minors:
  - a. No consumption of alcohol.
  - b. No possession or consumption of illegal substances.
  - c. No illegal sexual activity.
  - d. No violent behavior.
5. Sponsor, Minor, & Parent(s) agree that Minor shall follow the rules set forth above. We fully understand that a violation of the camp rules, particularly a violation which jeopardizes health and safety, may result in dismissal from camp at the discretion of the Camp Deans. **NO REFUNDS WILL BE MADE.** NCUUCC Family Camp reserves the right to dismiss or remove any camper for misbehavior at any time. We acknowledge and agree that if the Minor is dismissed or otherwise removed from Family Camp, Parent(s) and Sponsor are responsible for arranging transportation for Minor.

Minor \_\_\_\_\_ Date \_\_\_\_\_

Sponsor \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Parent address \_\_\_\_\_

phone \_\_\_\_\_ email \_\_\_\_\_

## MEDICAL RELEASE

I, \_\_\_\_\_ am a parent or legal guardian of \_\_\_\_\_, and I hereby certify that my child is physically able to participate in Family Camp activities. In the case of accident or illness, I hereby give my consent and authority to NCUUCC Family Camp (Northern California UU Camps and Conferences) and its staff and volunteers to act for me according to their reasonable judgment in any emergency requiring medical/dental attention, including, but not limited to, obtaining emergency medical/dental care or otherwise arranging any medical/dental treatment deemed medically necessary by the treating physician, staff, hospital personnel or emergency medical providers for my child at my expense, and to otherwise take action as needed for the safety, health and welfare of my child. Listed below are all of my child's allergies and other medical conditions, to the best of my knowledge.

Allergies/medical conditions: \_\_\_\_\_

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Signature \_\_\_\_\_ Date \_\_\_\_\_

Medical coverage agency, group, policy #:

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## FAMILY CAMP BIKE RIDER'S AGREEMENT

This agreement must be read & signed before riding a bicycle at camp.

1. I will respect other people, animals, and the earth.
2. I will allow pedestrians the right of way.
3. I will walk my bike across bridges.
4. I will park my bike only in designated areas.
5. I will ride at night only with an attached light.
6. I won't ride someone else's bike without their permission.
7. I will make sure that anyone riding my bike has read and signed this agreement.
8. I will wear a helmet when riding a bike.
9. I am aware that if I do not follow these guidelines my bike may be confiscated.

I understand these guidelines and have talked about them with a responsible adult.

\_\_\_\_\_ Biker \_\_\_\_\_ Adult

## SWEAT LODGE LIABILITY RELEASE AND PERMISSION FORM

NOTE: THIS IS A LEGALLY BINDING DOCUMENT WHEREBY YOU ARE AGREEING TO WAIVE CERTAIN LEGAL RIGHTS. YOU ARE ADVISED TO READ IT CAREFULLY BEFORE SIGNING. EACH CAMPER MUST SUBMIT A FULLY SIGNED LIABILITY RELEASE FORM TO THE CAMP REGISTRAR BEFORE PARTICIPATING IN ANY SWEAT LODGE ACTIVITIES. IF YOU ARE LESS THAN EIGHTEEN (18) YEARS OF AGE, BOTH OF YOUR PARENTS (SINGLE PARENT IN THE CASE OF SOLE CUSTODY) OR ANY LEGAL GUARDIANS MUST SIGN THIS FORM ON YOUR BEHALF.

As consideration for my (or my minor child) being allowed to participate in the sweat lodge at the Northern California UU Camps and Conferences Inc. Family Camp and any related activities (hereinafter "Sweat Lodge Activities"), I hereby confirm my understanding of and express my agreement to the following:

- (1) I acknowledge that in participating in Sweat Lodge Activities, I (or my minor child) will be exposed to certain risks and dangers inherent in such an undertaking including, but not limited to, fainting, dehydration, burning of the skin, smoke inhalation, heat exhaustion, foot injuries, and heart attack ("Injuries and Damages").
- (2) I hereby certify to the best of my knowledge that I am (or my minor child is) of reasonably good health; or that if I have (or my minor child has) any health concerns such as high blood pressure or heart disease, or if I am (or my child is) pregnant, I have discussed and cleared participation in Sweat Lodge Activities with my physician. I understand that, regardless of the state of my (or my child's) health, I undertake (or my child undertakes) Sweat Lodge Activities at my own risk.
- (3) To the fullest extent allowed by law, I AGREE TO WAIVE AND DISCHARGE ANY AND ALL CLAIMS AGAINST AND TO RELEASE Northern California UU Camps and Conferences Inc., and its officers, directors, employees, volunteers, independent contractors, agents, leaders, and other representatives (hereinafter referred to joint and severally as "NCUUC"), FROM ANY AND ALL LIABILITY on account of, or in any way resulting from Injuries and Damages, even those Injuries and Damages caused by the negligence (active or passive) of NCUUC, in any way connected with Sweat Lodge Activities. I FURTHER AGREE TO INDEMNIFY AND HOLD HARMLESS NCUUC from any claims, damages, injuries or losses caused by my own (or my child's) negligence or willful misconduct while participating in Sweat Lodge Activities. I understand and intend that this release of liability and assumption of risk is binding upon my (or my child's) heirs, executors, administrators and assigns.
- (4) For the safety and comfort of everyone, I have read, understand and agree that I (or my child) will abide by the Sweat Lodge Policies and Procedures, a copy of which incorporated herein by reference as if fully set forth herein. I further understand that violation of the Sweat Lodge Policies and Procedures can lead to exclusion from Sweat Lodge Activities and may also result in dismissal without refund. I acknowledge and agree that if my child and/or I is dismissed or otherwise removed from Family Camp, I am completely and entirely responsible for arranging transportation.
- (5) This Agreement represents the full and complete agreement between the parties with respect to the matters set forth herein, and it can only be modified by a written agreement signed by the parties hereto. This Agreement is intended to be as broad and inclusive as is permitted by law. If any provision or portion thereof is held to be invalid or legally unenforceable for any reason, the remaining portions of this Agreement shall not be affected thereby and shall remain valid and fully enforceable. Interpretation of the terms and conditions shall be made under California law, without respect to its conflict of laws provisions. No assignment of this contract shall be made by Camper or his/her parent(s) or legal guardian(s), unless agreed to in writing by NCUUC.

I certify that I have read this Agreement and I understand and agree to all of the foregoing information, terms and conditions:

Date: \_\_\_\_\_ Camper Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Signature(s) of Parent(s)/Guardian(s): \_\_\_\_\_

**REQUIRED IF CAMPER IS LESS THAN 18 -- BOTH parents must sign unless one has sole legal custody.**

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### SWEAT LODGE PERMISSION FORM FOR MINORS

I understand that the sweat lodge is a spiritual ritual available to campers age 13 and over, and typically involves exposure to heat and steam for several minutes followed by a cold water plunge in the creek. My son/daughter, \_\_\_\_\_, has my permission to participate in Sweat Lodge Activities while at Family Camp.

Signature(s) of Parent(s)/Guardian(s): \_\_\_\_\_

**REQUIRED IF CAMPER IS LESS THAN 18 -- BOTH parents must sign unless one has sole legal custody.**